



## THE AMHERST SKATING CLUB

Presents the

### 24<sup>th</sup> ANNUAL AMHERST INVITATIONAL & BASIC SKILLS COMPETITION

**SATURDAY & SUNDAY  
SEPTEMBER 18 & 19, 2010**

To be held at  
The Amherst Ice Center (formerly Pepsi Center)  
Amherst, New York

Sanctioned by US Figure Skating  
Sanctioned by Skate Canada



Entry Deadline: August 15, 2010

APPLICATIONS AND INFORMATION AVAILABLE ON-LINE AT:  
[www.amherstskatingclub.com](http://www.amherstskatingclub.com)

USFS rules for non-qualifying competitions, as set forth in the 2010 - 2011 US Figure Skating Rulebook, shall apply. The International Judging System (IJS) will be used for all Juvenile through Senior Freestyle events. The 6.0 Judging System will be used for all other events.

**The Amherst Skating Club**  
**24<sup>th</sup> ANNUAL INVITATIONAL COMPETITION**  
**September 18 & 19, 2010**

**ELIBILITY**

The 24<sup>th</sup> Annual Invitational is open to all eligible skaters who are members in good standing with US Figure Skating or with Skate Canada. Categories determined by age and/or test passed as of **August 15, 2010**. Competitors may enter as many events as they desire, provided they meet the entry requirements. Skaters may not compete below their test level, but may compete one level above current test level. Large events will be separated into flights with separate awards for each flight. Men may not compete against ladies in the Freestyle event. Men may not compete against ladies except Solo Dance, Music Interpretation or Showcase if there are less than three men entered.

**FACILITIES**

The competition will be held at the Amherst Ice Center (formerly Pepsi Center), 1615 Amherst Manor Drive, Williamsville, NY 14221, on the Feature rink surface of 85' x 200'. The Olympic rink, with a surface of 100' x 200', may also be used. A restaurant, snack bar, and dressing rooms are available. Directions to the rink can be found at: [www.arenamaps.com](http://www.arenamaps.com)

**ENTRIES**

Entries must be filled out completely and legibly to be accepted and postmarked no later than **August 15, 2010**. The competition chairperson reserves the right to cancel an event if there are less than 3 entrants (with full refund of entry fee), and to combine and divide groups. If time permits, entrants into events with fewer than three people may be asked to skate an exhibition, which would still require the entry fee.

Entries should be mailed to: The Amherst Skating Club  
1615 Amherst Manor Drive  
Amherst, NY 14221  
Attn: 2010 Invitational Chair

**ENTRY FEES**

Entry fees must accompany application. Checks and money orders in **U.S. FUNDS ONLY** and made payable to the Amherst Skating Club. Late applications are subject to a \$25.00 late fee and will only be accepted upon available time and space. No refunds will be issued after the close of entries (including medical) unless an event has been cancelled. Returned checks are subject to a \$25.00 fee. Entry fees are as follows:

\$75 for each IJS event	(Short or Long Program)
\$15 for IJS Critique	
\$65 for first event	(Non IJS Events)
\$25 for second event	(Non IJS Events)
\$15 for additional events	(Non IJS Events)
\$60 per team	

**PRACTICE ICE**

Practice ice may be available for purchase pending the schedule of events. Dates and available times will be posted on [www.amherstskatingclub.com](http://www.amherstskatingclub.com).

## **IJS CRITIQUES**

We will be offering IJS critiques from the technical panel.

## **PLANNED PROGRAM CONTENT FORMS**

Skaters participating in IJS events must complete planned program content sheets for their long and short programs. These forms are available on-line with US Figure Skating.

## **REGISTRATION**

A registration desk will be open throughout the competition. Competitors should register promptly upon their arrival and submit their music during registration. Skaters should arrive at the rink at least one hour PRIOR to their event's start time. Events will not be delayed for late arriving skaters.

## **MUSIC**

Each competitor must supply his/her own music on CD's for the freestyle, short program, and showcase events. CD's should be clearly labeled with skater's name, event and running time. Skaters are urged to bring TWO CD's per program event. CASSETTE TAPES WILL NOT BE USED. Music is to be turned in at the registration desk and will be available at the registration desk for pick up after the event. The music for the Music Interpretation event will be supplied by the competition committee, and only that music will be played.

## **AWARDS**

Medals will be given for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places. Ribbons will be awarded for 4<sup>th</sup> and 5<sup>th</sup> places. Award ceremonies will take place at posted times throughout the competition. Awards will also be available immediately after the event has been posted. You can sign for and pick up awards at the awards table adjacent to registration.

## **RESULTS**

Flight packets for IJS events will be available for \$5.00. Results for 6.0 events will be available at the registration table after each event for \$0.25 per copy.

## **SCHEDULE**

As soon as possible after the entry deadline, a TENTATIVE SCHEDULE will be posted on the Amherst Skating Club web site: [www.amherstskatingclub.com](http://www.amherstskatingclub.com). No schedule times will be given out over the phone.

## **ACCOMMODATIONS**

The Courtyard by Marriott  
4100 Sheridan Drive, Williamsville, NY 14221

716-626-2300

Buffalo Marriott Niagara  
1340 Millersport Highway, Amherst, NY 14221

716-689-6900

Get more information on area attractions from the Buffalo Niagara Convention and Visitors Bureau at [www.buffalocvb.org](http://www.buffalocvb.org).

## **INQUIRIES**

For further information, the preferred method of contact is by e-mail: [www.info@amherstskatingclub.org](mailto:www.info@amherstskatingclub.org). If e-mail is not accessible, please call the ASC office at 716-634-3887.

## FREESKATE

Skaters may NOT compete below their test level. They must skate at their test level OR up one level, but not both.

<b>CATEGORY</b>	<b>QUALIFICATIONS</b>	<b>SKATE CANADA</b>	<b>TIME (+/- .10)</b>
Tots (6 & under)	Not passed Basic 8. Only waltz, salchow, toe loop, loop jumps, & ½ rev. jumps	Not passed Nov. IV	1.5 minutes
Limited Beginner	Only waltz, salchow, toe loop, loop & ½ rev. jumps		1.5 minutes
No Test	Not passed Pre-Preliminary Freeskating test. No axel or double jumps	Pre-Preliminary	1.5 minutes
Pre-Preliminary A	Not passed Preliminary Freeskating test. Single revolution jumps. No axel or double jumps permitted	Not passed Preliminary	1.5 minutes
Pre-Preliminary B	Not passed Preliminary Freeskating test. Single revolution jumps. Axel permitted. No double jumps	Not passed Preliminary	1.5 minutes
Preliminary A	Not passed Pre-Juvenile Freeskating test. Axel permitted. No double jumps	Preliminary	1.5 minutes
Preliminary B	Not passed Pre-Juvenile Freeskating test. Axel plus up to 2 different double jumps permitted.	Preliminary	1.5 minutes
Pre-Juvenile	Not passed Juvenile Freeskating test. Axel plus up to 4 different double jumps permitted.	Preliminary	2 minutes
Adult Bronze (25 & up)	Passed Adult Bronze Freeskating test. No axels or double jumps.	Canadian Equiv.	1 minute, 40 seconds
Adult Silver (25 & up)	Passed Adult Silver Freeskating test. Axels permitted, no double jumps	Canadian Equiv.	2 minutes, 10 seconds
Adult Gold (25 & up)	Passed Adult Gold Freeskating test.	Canadian Equiv.	2 min. 40 sec.

### IJS:

<b>JUVENILE:</b> (Must not have reached 13 yrs of age by 8/01/10) Short Program - 2:00 Max Long Program - 2:15 +/- .10	Short Program same requirements as Intermediate level Skaters who have passed Juvenile Free Skating Test
<b>OPEN JUVENILE:</b> (Must be 13 yrs of age or older by 8/01/10) Short Program – 2:00 Max Long Program – 2:15 +/- .10	Short Program same requirements as Intermediate level Skaters who have passed Juvenile Free Skating Test
<b>INTERMEDIATE:</b> Short Program - 2:00 Max Long Program - 2:30 +/- .10	Short Program as defined in current USFS rulebook Skaters who have passed Intermediate Free Skating Test
<b>NOVICE:</b> Short Program - 2:30 Max Long Program Ladies - 3:00 +/- .10 Long Program Men - 3:30 +/- .10	Short Program as defined in current USFS rulebook Skaters who have passed Novice Free Skating Test
<b>JUNIOR:</b> Short Program - 2:50 Max Long Program Ladies - 3:30 +/- .10 Long Program Men - 4:00 +/- .10	Short Program as defined in current USFS rulebook Skaters who have passed Junior Free Skating Test
<b>SENIOR:</b> Short Program - 2:50 Max Long Program Ladies - 4:00 +/- .10 Long Program Men - 4:30 +/- .10	Short Program as defined in current USFS rulebook Skaters who have passed the Senior Free Skating Test

## SOLO DANCE

Boys will compete in their own event if there are sufficient entries.

KILLIAN	Open
QUICK STEP	One or more Gold Dances has to be passed
BLUES	Must not have completed US Figure Skating Gold dance test
ROCKER FOXTROT	Must not have completed US Figure Skating Pre-Gold or Skate Canada Sr. Silver dance test
FOXTROT	Must not have completed US Figure Skating Silver or Skate Canada Jr. Silver dance test
TEN FOX	Must not have completed US Figure Skating Pre-Silver or Skate Canada Sr. Bronze dance test
FIESTA TANGO	Must not have completed US Figure Skating Bronze or Skate Canada Jr. Bronze dance test
DUTCH WALTZ	Must not have completed US Figure Skating Pre-Bronze or Skate Canada Jr. Bronze dance test

## COMPULSORY SPINS

All levels will present a program without music with spins specified for their appropriate level. Connecting moves are permitted between each spin. Spins may be done in any order. There will be deductions for *any jumps*. Programs can be no longer than stated times. No Test through Juvenile will be done on half ice. Intermediate through Senior will be done on full ice. Skaters may skate at their test level or one level up.

No Test	45 seconds max.	1. One foot Spin (3 rev) 2. Two foot spin (3 rev)
Pre-Preliminary	1 minute max.	1. One foot spin (3 rev) 2. Two foot spin (3 rev) 3. Sit Spin (3 rev in position)
Preliminary	1 min. 15 sec. max.	1. One foot upright spin (3 rev) 2. Front to back scratch spin (3 rev) 3. Sit spin (3 rev)
Pre-Juvenile	1 min. 15 sec. max.	1. Camel spin (3 rev in position) 2. Front to back scratch spin (4 rev) 3. Combination camel to sit spin (6 rev no change of foot)
Juvenile	1 min. 15 sec. max.	1. Forward sit spin (4 rev in position) 2. Lay-back or attitude spin for girls; camel spin for boys (4 rev in position) 3. Combination spin with one change of foot and one change of position (4 rev. each foot), spin can be camel, sit or lay-back
Intermediate	1 min. 30 sec. max.	1. Sit change sit (4 rev each foot in position) 2. Flying Camel (5 rev in position) 3. Spin combination consisting of one change of foot and one change of position (4 rev on each foot)
Novice	1 min. 30 sec. max.	1. Camel spin to backward camel spin (4 rev on each foot, in position) 2. Solo Spin, choice of camel, sit or lay-back (6 rev in position) 3. Spin combination consisting of 3 positions and one change of foot (5 rev on each foot)
Junior/Senior	1 min. 30 sec. max.	1. Flying sit or flying reverse sit spin (6 rev in position) 2. Lay-back or crossfoot spin (6 rev in position) 3. Spin combination consisting of 3 positions and one change of foot (5 rev each foot)

## ADULT COMPULSORY MOVES

Test requirements are the same as for Free Skating. Adult compulsory moves will be skated on one-half ice surface

Adult No-Test	1 minute	1. Forward continuous slalom 2. Backward 2 foot swizzles 3. Forward outside edge on a circle 4. Gliding backwards on 1 foot 5. Two foot spin (2 rev min)
Adult Pre-Bronze	1 min. 30 sec. max	1. Forward spiral 2. 1 foot spin (3 rev min) 3. Backward crossovers to back outside landing position 4. Waltz jump 5. Forward lunge

## COMPULSORY MOVES

Test requirements are the same as for Free Skating. Tots through Juvenile skaters will present a program without music. Tots through Pre-Juvenile compulsory moves will be skated on one-half ice surface. Juvenile will be skated on the full ice surface. **Elements must be performed in the order listed.**

Tots	1 minute	Same elements as Beginner, this category is for skaters 6 years old or under by September 1, 2009
No Test	1 min. 15 sec. max	1. 2 Bunny hops 2. Lunge 3. Waltz jump 4. Forward Spiral 5. Two foot spin (3 rev. min.)
Pre-Preliminary	1 min. 15 sec. max.	1. Waltz/Toe loop combination 2. Flip jump 3. Forward outside spiral 4. Salchow 5. One foot spin (3 rev min.)
Preliminary	1 min. 15 sec. max.	1. Salchow/Loop combination 2. Loop jump. 3. Forward inside spiral 4. Flip jump 5. One foot spin (3 rev. min.)
Pre-Juvenile	1 min. 30 sec. max	1. Flip/loop combination 2. Camel spin (3 rev min in position) 3. Lutz jump 4. Straight line or diagonal footwork 5. Sit change sit spin (3 rev each foot in position)
Juvenile	1 min. 30 sec. max	1. Any double jump with a loop jump 2. Sit change sit spin (4 rev. each foot in position) 3. Axel jump 4. Spiral sequence 5. Lay-back (girls) Back scratch (boys) (4 rev min)

## JUMP EVENT

Skaters may enter an event at and/or one level above their test level. No Test through Pre-Juvenile level skaters will use only one half of the ice surface. Skaters will not need a program. Required jumps must be performed exactly as listed below, and **MUST BE SKATED IN THE ORDER LISTED.** Skater #1 will be given two chances to skate the first element, and will be judged on the better of the two. Then skater #1 will have two chances to skate the second element (and then the third element). The same procedure will be repeated for the rest of the skaters in the flight, with each skater having two attempts to skate each element, and each skater attempting all elements before the next skater's turn. After the warm-up, skaters will wait off-ice for their turn. An axel will be considered a single jump. When skaters are given a choice of jumps, the first jump (or jump combination) attempted will determine the jump(s) to be judged, and they may not change the jump (or combination) for their second attempt.

No Test	1. Waltz jump 2. Toe loop 3. Salchow
Pre-Preliminary	1. Toe Loop 2. Salchow 3. Combination of any two single jumps (NO axels)
Preliminary	1. Lutz 2. Flip 3. Combination of any single jump with a loop jump (may include axel)
Pre-Juvenile	1. Axel 2. Lutz 3. Any double jump
Juvenile	1. Axel 2. Double Toe loop 3. Combination of any double jump with a loop jump
Intermediate	1. Axel 2. Double loop 3. Combination of any two double jumps
Novice & Up	1. Double loop 2. Double flip 3. Combination of any two double jumps

## SHOWCASE

Skaters may enter only one event at their free skating level or one level up. One mark will be given. Judges may or may not be US Figure Skating or Skate Canada judges. Showcase numbers are considered as entertainment and will be judged in the following areas: music interpretation, audience appeal, skating performance, choreography and costume. No feathers or dangling beads that may come off the costume are allowed. Thirty seconds are allotted for the placing of props other than hand held. Skater's choice of music. Vocal music may be used. Levels may be combined due to lack of entries.

Pre-Preliminary	1 min. 40 sec. max.	May not have passed higher than Pre-Preliminary Free Skate Test
Preliminary	1 min. 40 sec. max.	May not have passed higher than Preliminary Free Skate Test
Pre-Juvenile	1 min. 40 sec. max.	May not have passed higher than Pre-Juvenile Free Skate Test
Juvenile	2 min. 10 sec. max.	May not have passed higher than Juvenile Free Skate Test
Intermediate	2 min. 10 sec. max.	May not have passed higher than Intermediate Free Skate Test
Novice	2 min. 10 sec. max.	May not have passed higher than Novice Free Skate Test
Junior/Senior	2 min. 40 sec. max.	Must have passed Junior or Senior Free Skate Test

## MUSIC INTERPRETATION

Skaters may enter only one event level, either at their freeskating level or one level up. Music is supplied by the competition committee. Skaters will hear the music twice on the ice and once off the ice before they skate for competition. Skaters will be judged on originality, musical and artistic expression and ice coverage. No costumes or props allowed. Technical elements will be judged only on their appropriateness to the music. Judges may or may not be US Figure Skating judges or Skate Canada judges. Coaching is not allowed after the event has started.

Level 1	1 min. max.	Must not have passed Pre-Preliminary Freestyle
Level 2	1 min. max.	Must not have passed Preliminary Freestyle
Level 3	1 min. max.	Must not have passed Pre-Juvenile Freestyle
Level 4	1 min. max.	Must not have passed Juvenile Freestyle
Level 5	1 min. max.	Must have passed Juvenile and above freestyle test

## TEAM COMPULSORY MOVES EVENT

Teams may have 3 to 5 members. Teams may include one male. No skater can do more than 2 moves. Skaters up to and including Juvenile/Jr. Bronze should be prepared to use one-half the ice surface, if necessary. A separate application and check must be sent for each team. The form must be completely filled out or it will not be accepted. Technical merit only will be judged. Skaters can skate at their test level or one level up.

Limited Beginner	1. Forward crossovers 2. Backward crossovers 3. Bending over and touching ankles 4. Gliding on one foot 5. Any stop
No Test	1. Forward crossovers 2. Backward crossovers 3. Mohawk 4. Three turns 5. Two bunny hops
Pre-Preliminary	1. Waltz jump 2. One foot spin 3. Salchow jump 4. Toe loop 5. Forward Spiral
Preliminary	1. Flip jump 2. Salchow jump 3. Forward spiral 4. One foot spin 5. Waltz jump/ toe loop combination
Pre-Juvenile	1. Flip jump 2. Camel spin 3. Forward spiral 4. Loop/loop combination 5. Sit spin
Juvenile	1. Lutz 2. Camel spin 3. Spiral-forward and backward 4. Combination spin 5. Axel/loop combination
Intermediate	1. Axel 2. Change foot spin 3. Double Salchow 4. Straight line footwork 5. Double/Double jump combination.
Novice	1. Axel 2. Double loop 3. Double/Double combination 4. Combination spin 5. Circular or straight line footwork
Junior/Senior	1. Double/Double combination 2. Ina Bauer or Spread Eagle 3. Double lutz or double axel 4. Flying camel 5. Combination spin

**24<sup>th</sup> ANNUAL ASC INVITATIONAL COMPETITION  
ENTRY FORM**

ENTRIES MUST BE POSTMARKED BY AUGUST 15, 2010

Please Print or Type:

Skater's Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Telephone ( ) \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

MUST BE COMPLETED: Age: \_\_\_\_\_ Birthday: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Highest test passed: USFS/Skate Canada Free Skate: \_\_\_\_\_ Dance: \_\_\_\_\_

Partners Name: \_\_\_\_\_ Pairs Test Passed: \_\_\_\_\_

Home Club: \_\_\_\_\_ USFS/Skate Canada# \_\_\_\_\_

**PLEASE ENTER ME IN THE FOLLOWING EVENT(S)**

<p><b>Free Skating (6.0)</b></p> <input type="checkbox"/> Tots <input type="checkbox"/> Limited Beginner <input type="checkbox"/> No Test <input type="checkbox"/> Pre-Preliminary A <input type="checkbox"/> Pre-Preliminary B <input type="checkbox"/> Preliminary A <input type="checkbox"/> Preliminary B <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Adult Bronze <input type="checkbox"/> Adult Silver <input type="checkbox"/> Adult Gold <p><b>Free Skating (IJS)</b></p> <input type="checkbox"/> Juvenile <input type="checkbox"/> Open Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior <input type="checkbox"/> Senior	<p><b>Short Program (IJS)</b></p> <input type="checkbox"/> Juvenile <input type="checkbox"/> Open Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior <input type="checkbox"/> Senior <p><b>Solo Dance</b></p> <input type="checkbox"/> Killian <input type="checkbox"/> Quick Step <input type="checkbox"/> Blues <input type="checkbox"/> Rocker Foxtrot <input type="checkbox"/> Foxtrot <input type="checkbox"/> Ten Fox <input type="checkbox"/> Fiesta Tango <input type="checkbox"/> Dutch Waltz <p><b>Adult Comp. Moves</b></p> <input type="checkbox"/> Adult No-Test <input type="checkbox"/> Adult Pre-Bronze	<p><b>Compulsory Spins</b></p> <input type="checkbox"/> No Test <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior/Senior <p><b>Compulsory Moves</b></p> <input type="checkbox"/> Tots <input type="checkbox"/> No Test <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Juvenile <p><b>Jump Event</b></p> <input type="checkbox"/> No Test <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice & Up	<p><b>Showcase</b></p> <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior/Senior <p><b>Music Interpretation</b></p> <input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3 <input type="checkbox"/> Level 4 <input type="checkbox"/> Level 5 <p><b>Team Compulsory Moves Event</b>          Fill out separate application. Send one application per team. Forms must be completely filled out or they won't be accepted</p>	<p><b>MAIL ENTRY TO:</b></p> <p>Amherst Skating Club          1615 Amherst Manor Drive          Amherst, NY 14221          Attn: Invitational Chair, 2010</p> <p><b>Checks payable to: Amherst Skating Club</b></p> <p><b>Fees in US Funds Only</b></p>
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**CERTIFICATE OF ELIGIBILITY**

Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of US Figure Skating and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_

Club Officer's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Coach's Name \_\_\_\_\_ & Phone # \_\_\_\_\_

**IJS Skaters:**

\$75 Free Skate:  
\$ \_\_\_\_\_

\$75 Short Program:  
\$ \_\_\_\_\_

\$15 Critique:  
\$ \_\_\_\_\_

\$25 Next Event:  
\$ \_\_\_\_\_

\$15 Each Additional:  
\$15x \_\_\_\_\_ = \$ \_\_\_\_\_

\$15x \_\_\_\_\_ = \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

**6.0 Skaters:**

\$65 1<sup>st</sup> Event:  
\$ \_\_\_\_\_

\$25 2<sup>nd</sup> Event:  
\$ \_\_\_\_\_

\$15 Each Additional Event:  
\$15x \_\_\_\_\_ = \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

**BASIC SKILLS COMPETITION**  
**BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8**

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**

<p><b><u>Snowplow Sam:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 4-6 consecutive - both directions</li> <li>3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>4. Side toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>3. Two foot turn in place- forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn - R &amp; L</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 4-6 consecutive both directions</li> <li>4. Backward stroking - 4-6 strokes</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

# BASIC SKILLS

## FREE SKATE 1-5 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p><b><u>Free skate 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b><u>Free skate 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive sets-R or L</li> <li>2. Sit spin- minimum three revolutions</li> <li>3. Loop jump</li> <li>4. Waltz jump/loop jump</li> </ol>
<p><b><u>Free skate 2 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside or inside spiral - R or L</li> <li>2. Waltz Three's - R or L, 2-3 sets</li> <li>3. Beginning back spin - entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	<p><b><u>Free skate 5 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Camel spin- minimum three revolutions</li> <li>2. Forward upright spin to back upright spin- minimum three revolutions, each foot</li> <li>3. Loop/loop jump</li> <li>4. Flip jump</li> </ol>
<p><b><u>Free skate 3 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li> <li>3. Back spin- minimum three revolutions</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	

### **ELIGIBILITY RULES FOR BASIC SKILLS PARTICIPANTS**

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at either highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Free Skate Compulsory Event eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition.

**24<sup>th</sup> ANNUAL ASC INVITATIONAL COMPETITION  
BASIC SKILLS ENTRY FORM**

ENTRIES MUST BE POSTMARKED BY **AUGUST 15, 2010**

Please Print or Type:

Skater's Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone ( ) \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

***MUST BE COMPLETED:*** Age: \_\_\_\_\_ Birthday: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Highest test passed: Basic Skills Level: \_\_\_\_\_

USFS or Skate Canada Basic Skills # \_\_\_\_\_ Home Club: \_\_\_\_\_

**PLEASE ENTER ME IN THE FOLLOWING EVENT(S):**

**BASIC ELEMENTS EVENT**

- Snowplow Sam - Tots
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8

**FREE SKATE COMPULSORY EVENT**

- Free Skate 1 Compulsory
- Free Skate 2 Compulsory
- Free Skate 3 Compulsory
- Free Skate 4 Compulsory
- Free Skate 5 Compulsory

**ENTRY FEES:**

First Event: \$30.00

Second Event: \$15.00

**MAIL ENTRY TO:**

Amherst Skating Club

1615 Amherst Manor Drive

Amherst, NY 14221

Attn: 2010 Invitational Chair

**CHECKS PAYABLE TO: AMHERST SKATING CLUB**

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED. FEES MUST BE PAID IN US FUNDS.**

**CERTIFICATE OF ELIGIBILITY:**

Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of US Figure Skating and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Pepsi Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_

Club Officer/Program Director Signature \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_

Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Check# \_\_\_\_\_

**24<sup>th</sup> ANNUAL ASC INVITATIONAL COMPETITION**  
**TEAM COMPULSORY MOVES EVENT**  
**ENTRY FORM**

Please submit one entry form per team! Form must be completely filled out with fees enclosed.

Teams may have 3 – 5 members. No skater may do more than 2 moves.

Fees are \$60 per team in US FUNDS ONLY. (Please write separate check for team events – 1 check per team).

Team Name: \_\_\_\_\_

Team Members:

1. \_\_\_\_\_ Club: \_\_\_\_\_ USFS/SC# \_\_\_\_\_
2. \_\_\_\_\_ Club: \_\_\_\_\_ USFS/SC# \_\_\_\_\_
3. \_\_\_\_\_ Club: \_\_\_\_\_ USFS/SC# \_\_\_\_\_
4. \_\_\_\_\_ Club: \_\_\_\_\_ USFS/SC# \_\_\_\_\_
5. \_\_\_\_\_ Club: \_\_\_\_\_ USFS/SC# \_\_\_\_\_

Contact Person: \_\_\_\_\_ Telephone: \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> Limited Beginner Team          | <input type="checkbox"/> Juvenile Team (Jr. Bronze)           |
| <input type="checkbox"/> No Test Team                   | <input type="checkbox"/> Intermediate Team (Sr. Bronze)       |
| <input type="checkbox"/> Pre-Preliminary Team           | <input type="checkbox"/> Novice Team (Jr. Silver)             |
| <input type="checkbox"/> Preliminary Team               | <input type="checkbox"/> Junior/Senior Team (Sr. Silver/Gold) |
| <input type="checkbox"/> Pre-Juvenile Team (Jr. Bronze) |   |

**Deadline for entry is AUGUST 15, 2010**

Checks should be made payable to : Amherst Skating Club

Mail entry to: Amherst Skating Club  
1615 Amherst Manor Drive  
Amherst, NY 14221  
Attn: 2010 Invitational Chair

All teams must submit completed **Certificate of Eligibility** (PLEASE see following page) signed by club officer for each skater.

Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Check# \_\_\_\_\_

**24<sup>th</sup> ANNUAL INVITATIONAL COMPETITION  
TEAM COMPULSORY MOVES EVENT ENTRY FORM**

**Certificate of Eligibility**

**MEMBER 1:** Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of USFS and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_  
Club Officer/Program Director Signature \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_  
Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_

**MEMBER 2:** Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of USFS and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_  
Club Officer/Program Director Signature \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_  
Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_

**MEMBER 3:** Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of USFS and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_  
Club Officer/Program Director Signature \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_  
Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_

**MEMBER 4:** Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of USFS and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_  
Club Officer/Program Director Signature \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_  
Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_

**MEMBER 5:** Approval is hereby given to \_\_\_\_\_ who is a member in good standing of this Club and is an amateur in accordance with the rules of USFS and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the Amherst Skating Club nor the management of the Amherst Ice Center assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.

Club: \_\_\_\_\_  
Club Officer/Program Director Signature \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_  
Coach's Name \_\_\_\_\_ Phone# \_\_\_\_\_