

## SYNCHRO INFO

### Parent Information Nights

Thursday, August 19 @ 6:00 pm  
Wednesday, September 8 @ 4:00 pm  
Thursday, September 9 @ 5:30 pm



There will be an evaluation on Wednesday, September 8 @ 4:00 pm. If you can't make that date, contact the coach, Jeannie Lafornera, at the rink or 688-1891 to make arrangements for your evaluation. The season will be starting on Thursday, September 9 @ 5:30 pm. This will be the regular ice time each week.

### Season Event/Competitions/Activities

Carwash Thursday, August 26 @ 11:30 am till 6:00 pm  
Bon-Ton sale Saturday, November 6  
Skaneateles Competition Weekend of Dec. 4  
Holiday Ice Show Weekend of Dec 11  
Eastern Synchro Sectional Competition Weekend of Feb. 3  
Empire State Games Weekend of Feb. 25  
Cicero Competition Weekend of March 12  
Genesee Invitational Weekend of April 8

Contact any team manager if you have further questions about synchronized skating at the Amherst Skating Club.

### team managers

Dawn Cerra	Ann Demopoulos
689-3237	812-9362
<a href="mailto:kdca3119@aol.com">kdca3119@aol.com</a>	<a href="mailto:ademopou@courts.state.ny.us">ademopou@courts.state.ny.us</a>

Cyndi Lewandowski  
632-0747  
[thelews@roadrunner.com](mailto:thelews@roadrunner.com)